Claims:

- 1. A method for rewinding a group of pictures, said method comprising: storing a first reference picture from the group of pictures; decoding a first one or more pictures from the group of pictures; displaying the first one or more pictures in reverse order; storing a second reference picture from the group of pictures; decoding a second one or more pictures from the group of pictures; displaying the second one or more pictures in reverse order; storing a third reference picture from the group of pictures; decoding a third one or more pictures; and displaying the third one or more pictures in reverse order.
- 2. The method of claim 1, wherein the group of pictures comprises a HITS stream.
- 3. The method of claim 1, wherein the group of pictures comprises 20 pictures.

- 4. A system for rewinding a group of pictures, said system comprising:
- one or more image buffers for storing a first, second, and third reference picture from the group of pictures;
- a decompression engine for decoding a first, second, and third one or more pictures from the group of pictures; and
- a display engine for displaying the first, second, and third one or more pictures from the group of pictures in reverse order.
 - 5. The system of claim 4, wherein the group of pictures comprises a HITS stream.
 - 6. The system of claim 4, wherein the group of pictures comprises 20 pictures.